



TURNBERRY REST

LUXURY ACCOMMODATION IN THE HEART OF SCOTLAND'S GOLFING HERITAGE

Turnberry Rest Holiday Apartment Useful Guest Information



Welcome to Turnberry Rest Apartment, one of the most exclusive residences in Turnberry. We aim to make your stay as comfortable as possible.

Please read the following information, we hope you find it useful.

Please read the instructions below to ensure the safety of you and your family/friends. This is a short reference guide to give you a quick head start, if you are not sure how to operate certain appliances. After reading this, please refer to the complete operation manuals which can be found in one of the kitchen unit drawers.

Please note that following this procedure is vital to ensure the safety of our valued guests and proper use of the equipment. The improper operation of an appliance or electrical goods may lead to a malfunction or breakdown of the unit. In such cases we will ask you to pay for the damage, if the damage was caused by not following the instructions given below.

Before any appliance is switched on, please ensure that the relevant wall switch is turned on. There is a group of 5 switches on the kitchen wall for following appliances.

# Dish Washer	# Washing Machine	# Microwave Oven
# Induction Hob	# Oven	

Normally, these switches will be 'ON' upon your arrival, but in case that an appliance is not working or does not seem to have power please check the relevant wall switch. They are located on the wall above the sink.

- **Heating/Hot Water** - The control unit on the wall has few settings which are self-explanatory. When the system is ON this will be indicated by the relevant red light. Heating temperature can be adjusted on the thermostat. Please check this is turned up should the heating not work
- **Light Bulbs** - Spare light bulbs are in one of the kitchen drawers in case you need to replace any blown ones.
- **Other** - Broom, Hoover, Dust pan/Brush and mop are stored in the cupboard behind the apartment entrance door. Detergents, washing up liquid, dish washer tablets etc. can be found in the cupboard under the kitchen sink.





Appliances and electrical goods

- 1) Kettle/Toaster:** These two units have their own power points directly connected to them. Again, ensure the correct wall switch is on prior to using them.
- 2) Microwave Oven:** When the microwave has the power connected you will see a green dot on the display. Turn the black knob clockwise/anti-clockwise to set the timer.
- 3) Dish Washer:** Open the door and load it first. Whilst the door is still open press the on/off button to turn it on. Power is indicated by a green light. Press the required programme button. Shut the door. Now the machine will start. NOTE: If you open the door again and change the programme the appliance will not start. You will need to finish the initially set programme first to go to another one.
- 4) Washing Machine:** Open the door, load it and shut the door. Set the programme required and press the on/off button to start.
- 5) Oven:** Usual operation; Refer to the operation manual for detailed information if necessary
- 6) Induction Hob:** Usual operation; Refer to the operation manual for detailed information if necessary

Fuse Box Location

The fuse box is located inside the apartment, in the cupboard to the right of the front door

Other Useful Information

Please ensure all lights and heating are switched off when you depart.

In the event of an emergency (i.e. electrical fault, water leak etc) you should contact +44 (0)7956494166





Where is my nearest?

Town

1. Girvan - To get to Girvan turn left out of Milton Wynd on to the A77 - 5 miles
2. Maybole - To get to Maybole turn right out of Milton Wynd to the A77 - 8 miles

Supermarket

1. Asda Supermarket, 15 Vicarton St, Girvan, KA26 9HF, 01465 711000 – 5 miles
2. Coop Food, 51 Kirkoswald Rd, Maybole, KA19 8BN, 01655 500048 – 6.5 miles
3. Little K's Kitchen, 7B Kirkoswald Rd, Maidens, Girvan, KA26 9NJ, 01655331571 - 2 miles

Hospital

1. Girvan Hospital, Bridgemill Roundabout, Girvan, KA26 9HQ, 01465 712571 - 4.7 miles
2. Maybole Medical Practice, 6 High St, Maybole KA19 7BY, 01655 882708 - 7 miles
3. Ayr Hospital, Dalmellington Rd, Ayr, KA7 4DW, 01292 610555 – 14 miles

Chemist

1. Boots, Girvan Community Hospital, Bridgemill Roundabout, Girvan KA26 9HQ – 4.7 miles
2. Lloyds Pharmacy, 9 High St, Maybole KA19 7AB – 7 miles

Taxis

1. Paddy's Taxis Ltd, 4, High St, Girvan - 01465 710000
2. Hunter Taxis, 1, Welltrees St, Maybole - 01655 882320
3. Jamie's Taxis, Maybole - 01655 331221 / 07712 864430

Police

1. Girvan Community Hospital, Bridgemill, Girvan, KA26 9HQ – 4.7 miles
2. Maybole Police, 44 Ladyland Road, Maybole, KA19 7DH, 01786 289070 – 8 miles

Post Office - 7B Kirkoswald Rd, Maidens, KA26 9NJ, 01655331261 - 2 miles

Cash Machine - Asda, 15 Vicarton Street, 15 Vicarton St, Girvan KA26 9HF – 5 miles

Vet - Alan Jeans, 5 Wesley Rd, Girvan, KA26 9DB, 01465 714418 - 6 miles





Tourist Board - Ayrshire & Arran Tourist Board, <https://www.visitscotland.com/destinations-maps/ayrshire-arran/>

Leisure Centre - Citadel Leisure Centre, South Harbour Street, Ayr, KA7 1JB, 01292 269793 - www.south-ayrshire.gov.uk/article/24601/Sport-and-leisure

Café – Balkenna Tea Room & Take-away, Girvan Road, KA26 9LN, 01655 331692 – 2 miles

Pubs/Bars

1. Central Bar, 69 Main St, Dailly, Girvan, KA26 9SB, 01465811259 – 7 miles
2. The Harbour Bar, 35 Knockcushan St, Girvan, KA26 9AG, 01465713174 - 5.5 miles

Restaurants closest to

1. The Wilding's Hotel & Restaurant, 21, Harbour Rd, Maidens, Girvan, 01655 331401 - 2.1 miles <https://wildingshotel.com/restaurant/>
2. Souter's Inn, 47, Main Road, Kirkoswald, KA19 8HY, 01655 760653 – 2.6 miles <https://soutersinn.com/dining/menus/>

All Restaurants near by

In Turnberry & Maidens

1. 0.8 miles on A719 (2 minute drive) - Trump Turnberry Club House - <https://www.turnberry.co.uk/pro-shop>
2. 0.8 miles on A719 (2 minute drive) – Trump Turnberry Hotel (1906 & Grand Tea Lounge & Bar) - <https://www.turnberry.co.uk/cuisine>
3. 0.9 miles on A77 (2 minute drive) - Balkenna Village Tea Room - <https://www.facebook.com/BalkennaT/>
4. 1.7 miles on A77 (3 minute drive) - Dowhill Farm - <https://www.visitscotland.com/info/food-drink/dowhill-farm-p1359921>
5. 1.9 miles on A719 (6 minute drive) - King of Scots: Turnberry Lighthouse - <https://www.trumphotels.com/turnberry/dining/halfway-house>
6. 2.1 miles on A719 (5 minute drive) - Wildings Hotel & Restaurant - <https://wildingshotel.com/restaurant/>





7. 2.2 miles on A719 (5 minute drive) - Rope Bistro -

https://www.tripadvisor.co.uk/Restaurant_Review-g947977-d21203375-Reviews-Ropes-Maidens_South_Ayrshire_Ayrshire_Scotland.html

In Kirkoswald

- 2.6 miles on A77 (4 minute drive) - Souters Inn - <https://www.soutersinn.com/>

In Girvan

1. 5.0 miles on A77/B741 (8 minute drive) - China Moon -

<https://www.facebook.com/profile.php?id=100057496087626>

2. 5.1 miles on A77/B741 (8 minute drive) - 88 Chinese Take Away -

<https://www.facebook.com/girvan88/>

3. 5.3 miles on A77 (9 minute drive) - Maly's Café -

https://www.tripadvisor.co.uk/Restaurant_Review-g551836-d5582383-Reviews-Maly_s_Cafe-Girvan_South_Ayrshire_Ayrshire_Scotland.html

4. 5.3 miles on A77 (10 minute drive) - Yasmins Fine Indian Cuisine -

<https://yasminsindiancuisine.com/Home>

In Maybole

- 7.1 miles on A77 (11 minute drive) - The Greenside Restaurant -

<https://thegreensiderestaurant.co.uk/>

In Ayr

- 15.2 miles on A77 (25 minute drive) – Many places -

https://www.tripadvisor.co.uk/Restaurants-g186574-Ayr_South_Ayrshire_Ayrshire_Scotland.html





Important notice to all guests

A comprehensive inventory is conducted upon every guest leaving the apartment.

If you would like to purchase any items or furniture in the apartment please contact us directly.

Please be aware any missing items and the cost for replacing these items will be charged for.

We apologise for having to point this out to our more honest guests but recently there have been a few items go missing

Cleaning

Cleaning of the apartment is also included with your stay at Turnberry Rest.

Any permanent damage or stains to furniture, carpets or curtains such as, but not limited to, red wine, cigarette burns, make-up, etc will also be charged for.

Thank you for your understanding and please enjoy your stay.





Places of interest

There are a number of places of interest, information on places to eat and the facilities in the Turnberry hotel contained in this information pack.

Feel free to browse the information but please do not remove anything from the folder.

We would also appreciate it if you do visit any places of interest if you could pick up any relevant information and place it in the folder for other residents to use.

There are a couple of shops nearby including a coffee shop and a post office. Turn left out of the Links Estate for a couple of hundred yards and you will see them.

Girvan is the closest town if you wish to buy food for your stay, they also have particularly good Fish & Chips to take away! (Open until 10.00pm). Girvan is approximately 10 minutes' drive away.

Ayr is a bigger town and is better for gift shopping and browsing. We can recommend the handmade fudge shop for Scottish confectionary. It is approximately 20 minutes in the car.

Golfing

Trump Turnberry, A Luxury Collection Resort

For countless thousands of players the world over, Turnberry is simply the finest golfing destination of all. The scene of some of the most remarkable moments in Open History, the legendary Ailsa is complemented by the dynamic challenges of the new Kintyre Championship course.

Ailsa Course

Long regarded as one of the finest courses in the world, the Ailsa came to international prominence with the famous duel between Jack Nicklaus and Tom Watson over the four days of the 1977 Open. It was then, in brilliant sunny weather, that a capacity crowd was treated to an exhilarating display of golf from two of the best golfers the world has even know.

Polls now regularly acknowledge the Ailsa as one of Britain's top three courses which gives it eminence worldwide, with regular rankings within the world's top 20 courses.





It's no wonder that Colin Montgomerie says: "Turnberry offers the best links golf in the world".

Signature hole: Ailsa Course: Ninth (454 yards, par 4) – The championship tee is perched out on a promontory of cliff with a sheer drop of 50 feet. Not for someone suffering with vertigo. The medal tee is some 40 yards further on but still a spectacular tee shot. It takes a 200 yard drive from the championship tee just to reach the fairway and a white stone marker shows you where to aim for. If you are on this line, playing from the medal tees you will have a shot of about 180 yards to a large green untroubled by bunkers.

Ailsa – 18 holes, 6,976 yards medal tees), par 70 (69 medal). Professional record 63. amateur record 70.

Kintyre Course

Building on the challenges laid down by the famous old Arran course, the Kintyre is links golf at its exhilarating best. Undulating greens, glorious fairways, magnificent ocean holes, and all with stunning views of Kintyre, Arran, and the famous Turnberry Lighthouse.

Kintyre – 18 holes, 6,827 yards, par 72

Local Gems

There are many other less famous courses in the area that will provide enjoyable, challenging golf at very affordable prices. There is a mixture of links, heathland and parkland courses all with something different to offer. All are within easy driving distance of the Turnberry Links Estate





Things to do in Ayrshire

Ayrshire has plenty of things to do and see on your visit with us, with a wide range of events and entertainment taking place throughout the county daily. Here are some suggestions!

Culzean Castle & Country Park NTS The National Trust for Scotland, Maybole, KA19 8LE.

Tel: 0844 493 2149 www.nts.org.uk

Robert Burn's Birthplace Museum Murdoch's Lone, Alloway, KA7 4PQ. Tel: 0844 493 2601

www.burnsmuseum.org.uk

Ayr Equitation South Mains, Corton, Ayr, KA6 6BY. Tel 01292 266267

www.ayrshireequitationcentre.co.uk

Morris Equestrian Centre Meikle Mossie, Fenwick, Ayrshire KA3 6AY. Tel 01560 600769

www.morrisesequestrian.co.uk

Ayr Racecourse Victoria Drive, Troon, KA10 6EN. Tel: 01292 264179

www.ayr-racecourse.co.uk

Troon Lawn Tennis Club 2-6 Whitletts, Ayr, Ayrshire, Scotland, KA8 0JE Russell Macdonald,

Head Coach 07773 035689 www.troontennis.org.uk

Dundonald Castle Winehouse Yett, Dundonald, KA2 9HD. Tel: 01563 851489

www.dundonaldcastle.org.uk

Scottish Dark Sky Observatory Nr. Loch Doon, Dalmellington. Tel: 01292 551118

www.scottishdarkskyobservatory.co.uk

Heads of Ayr Heads of Ayr Farm Park, Alloway by Ayr, KA7 4LD. Tel: 01292 441210

www.headsofayrfarmpark.co.uk

Scottish Maritime Museum 6 Gottries Road, Irvine, KA12 8QE. Tel: 01294 278283

www.scottishmaritimemuseum.org

Fleming Yacht Charters Troon Yacht Haven, Troon. Tel: 01292 319531

www.flemingyachtcharters.com





The Barony Centre Main Street, West Kilbride, KA23 9AR. Tel: 01294 829179

www.crafttownscotland.org

Walking Ayrshire Coastal Path & The Smuggler's Trail www.ayrshirecoastalpath.org



Ayrshire & Arran is home to an array of magnificent castles intriguing museums and historic buildings which attract visitors to come and explore the region and its rich culture and heritage. Ayrshire boasts connections to some of Scotland's most influential historical figures such as Robert the Bruce and has many fascinating links to the life and work of Scotland's world-acclaimed poet, Robert Burns.

Index

Historic Houses and Castles	3-6
Museums and Galleries	7-16
Map	11-12
Churches, Landmarks, Abbeys & Archaeological Sites	17-19
Whisky & Beer	20-21
Useful Contacts	22

Facilities



Parking



Refreshments



Toilets



Woodland
Walks



Shop

For up to date opening times & prices please refer to individual websites.

We have ensured that the details in this manual are correct to the best of our knowledge. We would recommend that all information is checked with the individual venue to ensure that the facilities, cost and all other aspects of the premises meet your needs.

HISTORIC HOUSES & CASTLES



BRODICK CASTLE AND ESTATE

1



Brodict, Isle of Arran, KA27 8HY
0844 493 2152 / information@nts.org.uk
www.nts.org.uk/Property/Brodict-Castle-Garden-and-Country-Park/

The quintessential Victorian 'Highland' estate, Brodict Castle, Garden & Country Park on the Isle of Arran is the perfect place for a day out. Set in a beautiful garden, country park with waterfalls, gorges, adventure playground, shop and tearoom. Events run throughout the season.

LOCHRANZA CASTLE

2



Lochranza, Isle of Arran
www.historic-scotland.gov.uk/places
then search for Lochranza Castle

A fine tower house, a 16th century redevelopment of a late 13th century hall house. The mountains to the south of the castle are home to many birds. The castle is a good vantage point for watching seals.

KELBURN CASTLE & COUNTRY CENTRE

3



Fairlie, nr Largs, KA29 0BE
01475 568 685 / admin@kelburncountrycentre.com
www.kelburnestate.com

Ancient home of Earl of Glasgow. Waterfalls, historic gardens, romantic glens, famous trees, riding centre and falconry centre. Adventure courses, indoor play barn, licensed cafe and Secret Forest.

PORTENCROSS CASTLE

4



Portencross, KA23 9QA
01294 823 799 / fopc@portencrosscastle.org.uk
www.portencrosscastle.org.uk

A scheduled ancient monument, Portencross Castle is recognised for its national importance and is situated in an idyllic location overlooking the Firth of Clyde near West Kilbride in Ayrshire.

EGLINTON CASTLE & COUNTRY PARK

5



Irvine, KA12 8TA
01294 551 776
eglingtoncountrypark@north-ayrshire.gov.uk
www.north-ayrshire.gov.uk/EglintonPark

Spring, summer, autumn and winter, Eglinton Country Park offers the space and freedom to enjoy a wide range of pursuits. There are tranquil country pursuits, walking, horse riding, fishing or simply watching the world go by. There is also a full programme of events for visitors to enjoy throughout the year.

DEAN CASTLE & COUNTRY PARK

6



Dean Road, Kilmarnock, KA3 1XB
01563 554 734 / info@deancastle.com
www.eastayrshireleisure.com/countryside/dean-castle-country-park

A fantastic free day out for all the family. The castle is a 14th century castle housing world class collections including historic weapons armour and musical instruments. The park covers over 200 acres in the heart of Kilmarnock and boasts beautiful woodland walks, an adventure playground, urban farm, visitor centre, tearoom and a shop.

DUNDONALD CASTLE

7



Winehouse Yett, Dundonald, KA2 9HD
01563 851 489 / info@dundonaldcastle.org.uk
www.dundonaldcastle.org.uk

Situated in rural Ayrshire, against a spectacular coastal backdrop. Dundonald Castle is a monument which stands as testimony, not only to the origins of the Royal Stewart dynasty, but also to the development of the nation of Scotland itself. The Castle stands on a hill which may be difficult for visitors with limited mobility. The Visitor Centre provides an accessible exhibition and a shop.

DUMFRIES HOUSE

8



Cumnock, KA18 2NJ
01290 425 959
www.dumfries-house.org.uk

Considered to be one of the UK's most authentic, historic homes, Dumfries House has one of the world's most extensive collections of 18th century British furniture, much of it by Thomas Chippendale. The house was saved for the nation in 2007 by a consortium led by HRH, Prince Charles, Duke of Rothesay.

Additional Information: Baby buggies are not permitted on guided tours. You must arrive at least 5 minutes before your scheduled time. All dogs must be kept on a lead.

DUNURE CASTLE

9



Kennedy Park, Dunure Shore, Dunure, KA7 4LW
www.dunure.info/park

Dunure Castle is located about 5 miles south of Ayr and close to the village of Dunure. Dunure Castle today stands in ruins on a rocky promontory on the Carrick coast, protecting the small Dunure harbour.

CULZEAN CASTLE & COUNTRY PARK

10



Maybole, KA19 8LE
0844 493 2149 / information@nts.org.uk
www.nts.org.uk/property/culzean-castle-and-country-park/

One of Scotland's most popular visitor attractions, surrounded by surging seas, lush forests and secret gardens. Standing on a dramatic cliff top overlooking the Firth of Clyde, the castle has been associated with the Kennedy family since the 14th century and was converted by Robert Adam between 1777 and 1792. There is also has a strong link with President Eisenhower, as the top-floor apartment in the castle was presented to him for his lifetime in recognition of his role during World War II. A tour offers a chance to learn about the best features of the castle, including Adam's masterpiece - the oval staircase, as well as the fine collection of paintings and furniture.

Within the 600 acres of country park there are many sightseeing opportunities and activities on offer including an adventure playground, swan pond, deer park, terraced gardens and beaches.

MUSEUMS & GALLERIES



ISLE OF ARRAN HERITAGE MUSEUM

11



Rosaburn, Brodick, Isle of Arran, KA27 8DP
01770 302 636 / info@arranmuseum.co.uk
www.arranmuseum.co.uk

A fascinating museum depicting the social history, archaeology and geology of Arran. The museum is housed in old buildings that used to be the local smiddy and milhouse. There is also a cafe on site and gardens.



GARRISON HOUSE (MUSEUM OF THE CUMBRAES)

12



Millport, Isle of Cumbrae, KA28 0DE
01475 531 381
www.millport.org/garrison-house

Housed within the Garrison House, the Museum of the Cumbraes provides a fascinating glimpse into Cumbrae's past. From 4,000 year old stone coffins – or 'cists' – found on the Cumbraes, through stories of smuggling in the 18th century to life during the second world war and indeed life of the island today. There is also a cafe on site.

VIKINGAR

13



Greenock Road, Largs, KA30 8QL
01475 689 777 / info@kaleisure.com
www.kaleisure.com/facilities/leisure/vikingar

Explore the adventure of the Vikings in Scotland first hand at the 'Viking Experience' with the assistance of a Viking storyteller. The venue also offers a swimming pool, children's soft play area, theatre, winter garden cafe and KA Studios fitness centre.

CRAFT TOWN SCOTLAND 14



Barony Church, 50 Main Street,
West Kilbride, KA23 9AR
01294 829 179 / info@crafttownscotland.org.uk
www.crafttownscotland.org

With a craft gallery, gift shop and a variety of craft studios, visitors can see and buy quality craft in one easily accessible and picturesque location. At the centre of the craft town is the Barony Centre, a magnificent church transformed into a creative hub for major craft exhibitions, retail, craft and design classes and cultural events.

WEST KILBRIDE MUSEUM 15



The Village Hall, 1 Arthur Street,
West Kilbride, KA23 9EN
01294 823 284 / westkilbridemuseum@gmail.com
www.westkilbridemuseum.org.uk

West Kilbride Village Hall hosts the town's museum which is considered to be among the best small town museums in Scotland and has full accreditation from Museum Galleries Scotland. Started in 1988 by a group of dedicated people, the museum is staffed by volunteers. The aim is to depict life in the Parish over the past 400 years, portraying the history, development and traditions of the area.

DALGARVEN MILL MUSEUM OF COUNTRY LIFE AND COSTUME 16



Dalgarn Mill, Dalry Road, nr Kilwinning, KA13 6PL
01294 552 448 / admin@dalgarnmill.org.uk
www.dalgarnmill.org.uk

This 16th century working water mill contains a large display of rural exhibits and vintage costumes. Dalgarn is located on a lovely rural site with woodland river walks and wild flowers. The mill has a great coffee shop serving delicious soups, home-baking and light lunches and an antique shop.

THE HERITAGE CENTRE 17



Manse Street, Saltcoats, KA21 5AA
01294 464 174 / naheritage@north-ayrshire.gov.uk
www.north-ayrshire.gov.uk/museums

With an abundance of local history material, visitors can explore North Ayrshire's historic past. The centre houses extensive collections from prehistoric age to the present day.



Harbourside, Irvine, KA12 8QE
01294 278 283 / visitorservices@scotmaritime.org.uk
www.scottishmaritimemuseum.org.uk

Explore Scotland's great maritime history and stories of innovation, craftsmanship and derring-do with a visit to this national collection of historic boats, shipbuilding machinery, artworks, artefacts and authentic 1920s shipyard worker's flat. Other attractions include Puffers Cafe with estuary views, Museum shop and a lively events and exhibition programme.

HARBOUR ARTS CENTRE

19



114 – 116 Harbour Street, Irvine, KA12 8PZ
01294 274 059 / harbourarts@north-ayrshire.gov.uk
www.harbourartscentre.com

Whether it's a side splitting comedy night or a chilled afternoon of jazz, the Harbour Arts Centre offers fantastic entertainment throughout the year. With its own popular cafe/bar – the Harbour Arts Centre is the perfect place to relax and unwind. For booking events (Online www.ticketweb.co.uk or Telephone 01294 274059).

WELLWOOD BURNS CENTRE & MUSEUM

20



Wellwood, 28 Eglinton Street, Irvine, KA12 8AS
www.irvineburnsclub.org

Founded in 1826, Irvine Burns Club has amassed a unique private collection of manuscripts from several poems in Burns' Kilmarnock Edition, along with other Burns-related items including rare books, paintings and the chair used by him while visiting Templeton's Bookshop.

Historic Houses & Castles

- 1 Brodick Castle & Estate
- 2 Lochranza Castle
- 3 Kelburn Castle & Country Centre
- 4 Portencross Castle
- 5 Eglinton Castle & Country Park
- 6 Dean Castle & Country Park
- 7 Dundonald Castle
- 8 Dumfries House
- 9 Dunure Castle
- 10 Culzean Castle & Country Park

Museums & Galleries

- 11 Isle of Arran Heritage Museum
- 12 Garrison House (Museum of the Cumbraes)
- 13 Vikingar
- 14 Craft Town Scotland
- 15 West Kilbride Museum
- 16 Dalgarnen Mill Museum of Country Life & Costume
- 17 The Heritage Centre
- 18 Scottish Maritime Museum
- 19 Harbour Arts Centre
- 20 Wellwood Burns Centre & Museum
- 21 The Dick Institute
- 22 Bachelors' Club

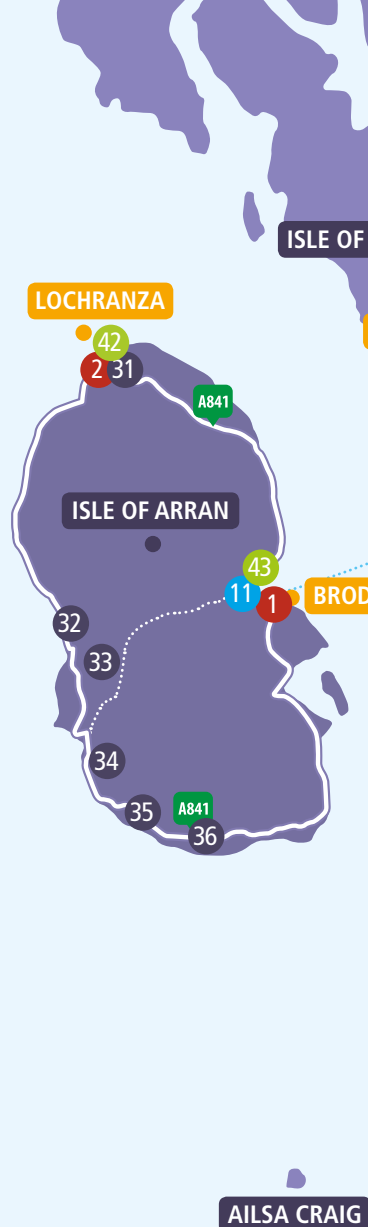
- 23 Burns House Museum
- 24 Baird Institute
- 25 Rozelle House & MacLaurin Galleries
- 26 Robert Burns Birthplace Museum
- 27 Souter Johnnie's Gallery
- 28 Scottish Industry Railway Centre
- 29 Doon Valley Museum
- 30 McKechnie Institute

Churches, Landmarks, Abbeys & Archaeological Sites

- 31 Machrie Moor Stone Circle
- 32 Auchagallon Cairn
- 33 Moss Farm Road Stone Circle
- 34 Kilpatrick Dun
- 35 Torr A'chaisteal Fort
- 36 Torrylin Cairn
- 37 The Cathedral of the Isles
- 38 Kilwinning Abbey
- 39 Kilwinning Heritage Centre
- 40 Crossraguel Abbey
- 41 Scottish Dark Sky Observatory

Whisky & Beer

- 42 Isle of Arran Distillery
- 43 Arran Brewery
- 44 AD Rattray Whisky Experience





GLASGOW

LARGS

CUMBRAE

MILLPORT

WEST KILBRIDE

ARDROSSAN

KILMARNOCK

MUIRKIRK

TROON

PRESTWICK

AYR

CUMNOCK

MAYBOLE

DALMELLINGTON

GIRVAN

MAP OF AYRSHIRE

E

A714

A712

M77

A719

A71

A71

A77

B743

A70

A76

A713

A77

41

A714

A712

M77

A719

A71

A71

A77

B743

A70

A76

A713

A77

41

A714

A712

M77

A719

A71

A71

A77

B743

A70

A76

A713

A77

41

A714

A712

M77

A719

A71

A71

A77

B743

A70

A76

A713

A77

41

A714

A712

M77

A719

A71

A71

A77

B743

A70

A76

A713

A77

41

A714

A712

M77

A719

A71

A71

A77

B743

A70

A76

A713

A77

41

A714

A712

M77

A719

A71

A71

A77

B743

A70

A76

A713

A77

41

A714

A712

M77

A719

A71

A71

A77

B743

A70

A76

A713

A77

41

A714

A712

M77

A719

A71

A71

A77

B743

A70

A76

A713

A77

41

A714

A712

M77

A719

A71

A71

A77

B743

A70

A76

A713

A77

41

A714

A712

M77

A719

A71

A71

A77

B743

A70

A76

A713

A77

41

A714

A712

M77

A719

A71

A71

A77

B743

A70

A76

A713

A77

41

A714

A712

M77

A719

A71

A71

A77

B743

A70

A76

A713

A77

41

A714

A712

M77

A719

A71

A71

A77

B743

A70

A76

A713

A77

41

A714

A712

M77

A719

A71

A71

A77

B743

A70

A76

A713

A77

41

A714

A712

M77

A719

A71

A71

A77

B743

A70

A76

A713

A77

41

A714

A712

M77

A719

A71

A71

A77

B743

A70

A76

A713

A77

41

A714

A712

M77

A719

A71

A71

A77

B743

A70

A76

A713

A77

41

A714

A712

M77

A719

A71

A71

A77

B743

A70

A76

A713

A77

41

A714

A712

M77

A719

A71

A71

A77

B743

A70

A76

A713

A77

41

A714

A712

M77

A719

A71

A71

A77

B743

A70

A76

A713

A77

41

A714

A712

M77

A719

A71

A71

A77

B743

A70

A76

A713

A77

41

A714

A712

M77

A719

A71

A71

A77

B743

A70

A76

A713

A77

41

A714

A712

M77

A719

A71

A71

A77

B743

A70

A76

A713

A77

41

A714

A712

M77

A719

A71

A71

A77

B743

A70

A76

A713

A77

41

A714

A712

THE DICK INSTITUTE

21



Elmbank Avenue, Kilmarnock, KA1 3BU
01563 554 300
www.eastayrshireleisure.com/arts/the-dick-institute

Leading art gallery and museum that hosts a dynamic changing exhibition programme featuring major exhibitions from arts to natural history.

BACHELORS' CLUB

22



Sandgate Street, Tarbolton, KA5 5RB
0844 493 21404 / information@nts.org.uk
www.nts.org.uk/bachelorsclub

In this 17th century house, Robert Burns learned to dance, founded a debating club and became a Freemason. This authentically restored house chronicles the formative years of one of Scotland's greatest literary talents and a must for any Burns enthusiast.

BURNS HOUSE MUSEUM

23



Castle Street, Mauchline, KA5 5BZ
01290 550 045
www.eastayrshireleisure.com/museums/burns-house-museum

Dynamic, lively museum with changing displays and exhibitions which covers the period in Burns' life when he lived in Mauchline and the surrounding area. There is also the opportunity to visit the National Burns Memorial Tower.

BAIRD INSTITUTE

24



3 Lugar Street, Cumnock, KA18 1AD
01290 427 084
www.eastayrshireleisure.com/museums/the-baird-institute

The Baird Institute features displays about Cumnock, Keir Hardie, mining and the Covenanters. Changing exhibition programme in the Barony Gallery.



Monument Road, Ayr, KA7 4NQ

01292 443 708

www.themaclaurin.org.uk

Set within the magnificent grounds of Rozelle Park, the Maclaurin Gallery offers a rare chance to enjoy a wide range of works from local, national and internationally acclaimed artists. Visitors to the Gallery can also enjoy the tea room and gift shop and the collections held within Rozelle House.



Murdoch's Lone, Alloway, KA7 4PQ
0844 493 2601 / burns@nts.org.uk
www.burnsmuseum.org.uk



Major new museum housing the most important Burns collection in the world. Temporary exhibitions, performances, cafe and shops. The site also includes Burns Cottage, Burns Monument and Garden, Alloway Auld Kirk and the Brig O'Doon.



Additional Information

Car parks are located at Birthplace Museum and Burns Cottage. Some of the older parts of the site, such as the Auld Kirk, Brig O'Doon and Burns Monument are accessed by steps or uneven surfaces. Museum staff will be happy to assist with any special access requirements to help all visitors get the most from their visit.



SOUTER JOHNNIE'S GALLERY

27



Main Road, Kirkoswald, KA19 8HY
information@nts.org.uk
www.nts.org.uk/property/souter-johnnies-cottage

See Scottish literature come to life in this 18th century thatched cottage in the heart of Kirkoswald. The former home of cobbler – or Souter – John Davidson, the real life Souter Johnnie immortalised in the Robert Burns poem, Tam O'Shanter, it features a thatched tavern in the garden, complete with life-sized sandstone statues of the poem's main characters.

DOON VALLEY MUSEUM

29



Cathcartston, Dalmellington, KA6 7QY
01292 550 633 / info@eastayrshireleisure.com
www.eastayrshireleisure.com/museums/doon-valley-museum

A local history museum that explores the history of the area and gallery hosting a lively changing exhibition programme.

SCOTTISH INDUSTRY RAILWAY CENTRE

28



Dunaskin, Dalmellington Road, Waterside, Patna, KA6 7JF
Info@ScottishIndustrialRailwayCentre.org.uk
www.scottishindustrialrailwaycentre.org.uk

The Scottish Industrial Railway Centre (SIRC) is a 'living museum' where unique and historically significant industrial steam and diesel locomotives are restored and can be seen working in an authentic setting. There is a locomotive that is more than 100 years old and the only operational fireless locomotive in Britain.

MCKECHNIE INSTITUTE

30



Dalrymple Street, Girvan, KA26 9AE
01465 713 643
www.south-ayrshire.gov.uk/galleries/mckechnie

Museum and gallery collection mainly relating to the Girvan and Carrick area. The gallery also hosts regular temporary exhibitions.

CHURCHES, LANDMARKS, ABBEYS AND ARCHAEOLOGICAL SITES

THE ISLE OF ARRAN

The Isle of Arran is a landscape rich in prehistoric archaeology sites, the most prominent features are the five stone circles (Machrie Moor Stone Circle), but the moor is strewn with other precious remains, including standing stones, burial cairns and cists. The main highlights on the island are Machrie Moor, Auchagallon Cairn, Moss Farm Road Stone Circle, Kilpatrick Dun (or cashel), Torr A'chaisteal Fort and Torrylin Cairn. The most fascinating monuments date to a time when the moor was a centre for ceremonial and burial activity. This period spans the Neolithic to the early Bronze Age.

For further information on each site please go to www.historic-scotland.gov.uk/places and search name of site you are looking for.

31 Machrie Moor Stone Circle

3 miles North of Blackwaterfoot on the West side of Arran off the coastal route (formerly A841)

The remains of five stone circles of bronze age date, one of the most important sites of its kind in Britain.



32 Auchagallon Cairn

4 miles North of Blackwaterfoot on the West side of Arran off the coastal route (formerly A841)

A Bronze Age cairn surrounded by a circle of 14 standing stones looking out over Kilbrannan Sound towards Kintyre.

33 Moss Farm Road Stone Circle

3 miles North of Blackwaterfoot on the West side of Arran off the coastal route (formerly A841)

The remains of a Bronze-Age cairn surrounded by a stone circle.



34 Kilpatrick Dun

1 mile South of Blackwaterfoot on the West side.

The ruins of a circular drystone building of unknown date, with a more recent enclosure wall. Walk of half mile to site.

35 Torr A'Chaisteal Fort

4 miles South of Blackwaterfoot on the South West side of Arran off the coastal route (formerly A841)

A circular late Iron Age fort on a ridge.

36 Torrylin Cairn

0.25 miles South East of Lagg on the South side of Arran off the coastal route (formerly A841)

A Neolithic chambered cairn, with four compartments visible.





The College, Millport, Isle of Cumbrae, KA28 0HE
 01475 530 353
www.millport.org/cathedral-of-the-isles

The Cathedral of The Isles and Collegiate Church of the Holy Spirit is a cathedral of the Scottish Episcopal Church in the town of Millport on the Isle of Cumbrae. It is one of the two cathedrals of the Diocese of Argyll and the Isles, the other being St John's Cathedral in Oban. Formal gardens and woodland surround the cathedral, the highest building on Great Cumbrae and the smallest cathedral in the British Isles. Facilities at the cathedral are limited but the town of Millport has a range of cafes and shops.

KILWINNING ABBEY AND HERITAGE CENTRE



P

Kilwinning Abbey
 Main Street, Kilwinning, KA13 6EG
www.historic-scotland.gov.uk/places
 then search for Kilwinning Abbey

38

The much-reduced remains of a Tironensian-Benedictine abbey, established from Kelso. Most of the surviving fragments, which consist of parts of the abbey church and chapter house, are of 13th century date.

Kilwinning Heritage Centre
 Main Street, Kilwinning, KA13 6EG
 01294 557 295 / kh.2011@hotmail.co.uk
www.kilwinningheritage.org

39

The Heritage Centre is located within the tower and displays the fascinating history of the abbey and the town of Kilwinning.

CROSSRAGUEL ABBEY

40



Maybole, KA19 8HQ
01655 883 113
www.historic-scotland.gov.uk/places
then search Crossraguel

Climb the impressive gatehouse tower for a bird's eye view of one of the most complete medieval abbey complexes in Scotland. Now hauntingly beautiful, its substantial ruins guard some violent secrets. One abbot was roasted over a fire by a nobleman seeking to regain control over the abbey.

SCOTTISH DARK SKY OBSERVATORY

41

Craigengillan, Dalmellington, KA6 7PZ
01292 551 118 / info@scottishdarkskyobservatory.co.uk
www.scottishdarkskyobservatory.co.uk



The Scottish Dark Sky Observatory is located within one of only a few 'gold tier' Dark Sky Parks in the world. It boasts some of the darkest skies in the UK and is only around 45 minutes south of Glasgow. It is situated upon a fantastic hilltop site on the edge of the Galloway Forest Park within the magical surroundings of Craigengillan Estate. The roll-off roof observatory, dome-housed telescope, viewing deck and activity room and a programme of special events are all designed to inspire visitors about the wonder of the universe. Craigengillan is rated by Historic Scotland as one of the top 4 Designed Landscapes in the country.



WHISKY & BEER



ISLE OF ARRAN DISTILLERY

42



Visitor Centre, Lochranza, Isle of Arran, KA27 8HJ
01770 830 264 / visitorcentre@arranwhisky.com
www.arranwhisky.com

A warm welcome awaits at the Isle of Arran Distillery. Set in the stunningly beautiful surroundings of Lochranza, the distillery offers fully guided tours, audio visual presentation, exhibitions, shop and restaurant.

ARRAN BREWERY

43



Visitor Centre, Cladach, Brodick, Isle of Arran, KA27 8DE
01770 302 353 / sales@arranbrewery.co.uk
www.arranbrewery.co.uk

Absorb the sights and smells of the traditional beer-making process at Arran Brewery's visitor centre. This excellent tour allows the opportunity to discover how Arran Premium Ales are brewed and sample some of the best ales in the country.

AD RATTRAY WHISKY EXPERIENCE

44

32 Main Road, Kirkoswald, KA19 8HY
01655 760 308
www.adrattray.com



Enjoy discovering and sampling some of the finest and rarest single malt Scotch whiskies at the Whisky Experience in Kirkoswald. Tasting experiences available on request.





USEFUL TRAVEL DETAILS

National Rail Enquiries

08457 484 950
www.nationalrail.co.uk

Stagecoach Travel Information

www.stagecoachbus.com

Traveline Scotland

Timetables and journey planner for public transport
0871 200 2233
www.travelinescotland.com

Caledonian MacBrayne Ferries

0800 066 5000
www.calmac.co.uk

P&O Ferries

0800 130 030
www.poferries.com

Stena Line Ferries

08447 707 070
www.stenaline.co.uk

Glasgow Airport

0844 481 5555
www.glasgowairport.com

Prestwick Airport

0871 223 0700
www.glasgowprestwick.com

USEFUL CONTACTS

Visit Scotland

0845 859 1006
info@visitscotland.com
www.visitscotland.org

Visit Arran

Tourist Information Office, Brodick Pier,
Isle of Arran KA27 8AU
01770 302 043
info@visitarran.com
www.visitarran.com

Ayrshire Bed & Breakfast Association

www.ayrshirebandb.com

Ayrshire Food Network

www.ayrshirefoodnetwork.co.uk

Ayr Information Centre

22 Sandgate, Ayr, KA7 1BW
01292 290 300

Brodick Information Centre

The Pier, Brodick, Isle Of Arran, KA27 8AU
01770 303 774

Largs Information Point

St Columba Experience Heritage Centre,
Gallowgate Street, Largs, KA30 8LX



www.ayrshire-arran.org/visit





ADVENTURE AWAITS

OUTDOOR PURSUITS AT TRUMP TURNBERRY

Set within 800 acres, have fun on our brand-new electric bikes, crusade through the waves at Turnberry beach on our paddleboards or try your hand at archery, kayaking, clay pigeon shooting and much more!

Advance bookings are recommended to secure your preferred activity.
Hours vary depending on seasonality.

TO BOOK, PLEASE EMAIL
RESERVATIONS@TRUMPTURNBERRY.COM OR CALL 01655 333993



Outdoor Pursuits

ARCHERY

1 hr | £45 per adult | £30 per child

Minimum age 8. Child price applies to 8 to 15 year olds. 6 per group.

AIR RIFLES

1 hr | £45 per adult | £30 per child

Minimum age 8. Child price applies to 8 to 15 year olds. 6 per group.

CLAY SHOOTING

1 hr | £90 per adult | £60 per child

Minimum age 14. Child price applies to 14 and 15 year olds. 6 per group.

KAYAKING

1 hr | single £20 / double £30

2 hrs | single £30 / double £45

3 hrs | single £40 / double £60

Children aged 6 to 11 can be accommodated in a double kayak where an adult is present. 12 to 17 year olds can operate a single kayak where an adult is present.

KITE SURFING

1:1 course | £40 per hour (4 hr minimum)

1 day midweek | £130 pp

1 day weekend | £150 pp

PADDLEBOARDING

Full day hire | £45

Includes paddleboard, paddle, pump, buoyancy aid. Minimum age 14. Collect from 8am, return by 5pm.

MOUNTAIN BIKES

Complimentary to resident guests, available at the Hotel entrance.

ELECTRIC BIKES

Half day | £30 per adult

Full day | £50 per adult

Minimum age 15.

QUAD BIKES

1 hr | £50 per adult | £45 per child | £20 per mini quad

Min 2 guests. Child price applies to 13 to 15 year olds. Mini quad bikes are suitable for ages 8 - 12.



Turnberry Horse Riding

BEACH RIDES

90 minutes | £75

For all Beach Rides, experience is required as horses are taken across a main road, ability will be assessed on arrival at The Stables. Age 14+.

ESTATE TREK THROUGH THE WOODS

60 minutes | £50

OWN A PONY EXPERIENCE

Catch, Groom, Saddle & Ride

60 minutes | £45

For children aged 6 to 10.

LEAD REIN SESSION

30 minutes | £35

For children aged 4 to 6.

Why not take advantage of our special rate for a family of four?

Priced at £200 for a beach ride and £150 for an estate trek.

HORSE & CARRIAGE RIDES

Explore our picturesque resort in a truly unique and memorable way.

Carriage rides

45 minutes | £150

For up to four people.

Carriage driving lesson

30 minutes | £75

For two people.



TRUMP TURNBERRY, MAIDENS ROAD, SOUTH AYRSHIRE KA26 9LT
TRUMPHOTELS.COM/TURNBERRY
TREATMENTS@TRUMPTURNBERRY.COM | 01655 334 060

The Spa at Turnberry

A restful haven with a captivating ocean panorama, The Spa at Turnberry provides an enriching retreat to relax and revitalise.

The Spa features a 20 metre swimming pool with spectacular ocean views and water jets, private treatment rooms, including a manicure and pedicure room, a Hydrobath, relaxation rooms with a range of heat experiences such as saunas and steam rooms, experience showers and ice fountains as well as a whirlpool and a state of the art fitness centre.

ESPA MODERN ALCHEMY TREATMENTS	3
TURNBERRY SIGNATURE RITUALS	4
DAY SPA EXPERIENCES	5
ISHGA	6
ESPA FACIALS	8
ESPA MASSAGE THERAPY	9
ESPA BODY TREATMENTS	11
ESPA FOR MEN	12
ADD ONS	13
HOW TO SPA	14

Treatments subject to availability at time of booking, please contact The Spa for further information.

ESPA Modern Alchemy Treatments

Sarani Luna Shanti

80 MINUTES | £170

PATH | MOON | PEACE

Influenced by the power and symbolism of the full moon, this deeply meditative journey is defined by the fluid circularity of its massage movements. Beginning with a foot bathing ceremony that uses healing basalt magma stones, feet are gently cleansed with The Grounding Crystals while The Anointing Oil is smoothed onto your hands in slow circles, softening the skin as you slowly inhale its soothing aromatic. Using the curvature of the Kansa wand — a time-honoured Indian tool believed to calm the nervous system — cycles of infinity flow over the body creating a hypnotic rhythm that brings peace to your mind, freeing you from thoughts and feelings that no longer serve you. The purifying scent of sage signals the end of your journey, slowly bringing your awareness back to your surroundings leaving you feeling blissfully relaxed and liberated.

Sarani Luna Shakti

80 MINUTES | £170

PATH | MOON | POWER

This invigorating journey is influenced by the symbolism of the new moon, a lunar phase representing an awakening of the spirit that invites us to plant new desires and intentions. After a cleansing foot bathing ceremony using basalt magma stones and The Grounding Crystals which fills the air with a soothing aromatic, attention moves to the rest of the body. The Anointing Oil smooths and nourishes the skin, while swift massage movements flow from your left side to your right, balancing your energy centres. The long linear strokes and firm pressure work on the base of the muscle tissue to release tension with an intensity that's enhanced by Green Jade rollers — a crystal venerated for centuries for its empowering properties. The purifying scent of sage signals the end of your journey, slowly bringing your awareness back to your surroundings leaving you feeling uplifting and revitalised.

Sarani Luna Samata

80 MINUTES | £170

PATH | MOON | BALANCE

The start of this transformative journey is marked by placing a moonstone in your palm. Channelling the moon's energy to encourage emotional equilibrium, this crystal symbolises the reassuring rhythm of the lunar cycle and the natural flow of night and day. Cleansing begins with a foot bathing ceremony using The Grounding Crystals. The Purifying Polish is then applied to your whole body with a fluid symmetry that's deeply harmonising for the skin and the mind. The creamy balm transforms into a smoothing exfoliator while you are gently massaged in even figure of eight movements to ease tension and release the scrub's soothing aromatic blend. After showering and changing into a warm pair of cotton pyjamas, the massage moves to your feet using a Kansa Bowl and The Nourishing Balm. Then, allowing energy to flow to your head, deep strokes move across your scalp, jaw bone and behind your ears. Finally, the focus travels to your third eye with a soothing Shirodhara treatment. The steady flow of warm oil streaming onto your forehead is renowned for its powerful effect and creates a profound sense of comfort and unity. The purifying scent of sage signals the end of your journey, slowly bringing your awareness back to your surroundings leaving you feeling greater clarity and balance.



Turnberry Signature Rituals

Ailsa Craig

80 MINUTES | £170

This signature treatment by ishga pays homage to the Ailsa Craig, a striking volcanic island which presides over Trump Turnberry. This powerful, detoxifying treatment begins with a Hebridean sea salt and oil scrub, followed by a full body massage using volcanic basalt stones.

Woe - Be - Tide

80 MINUTES | £170

Named after the fourth hole on the Championship Ailsa course, the Woe-Be-Tide combines the detoxifying and nourishing effect of the purest seaweed gel with the stimulating and hydrating properties of the scrub, followed by a nourishing facial.

Golfer's Tonic

50 MINUTES | £130

Targeting the key areas of tension following a long day on the Golf Course, enjoy a leg and foot exfoliation followed by a therapeutic massage to relieve tired feet and legs. The back is then exfoliated and massaged with hot stones to release any muscular tension.

Reflexology

50 MINUTES | £120

An ancient oriental treatment that incorporates pressure point massage to the Feet which correspond with the organs, glands, tissues, and muscles in the body. This helps improve the circulation of blood and oxygen, in turn, relieving stress and alleviating pain in other areas of the body.



Day Spa Experiences

All our Day Spa Experiences include full use of the Spa Facilities and Afternoon Tea. We recommend using the facilities prior to your treatments to enjoy the full benefits of the products used. Please note the dress code for Afternoon Tea is smart casual.

Indulge at Turnberry

3 HOURS | MON-FRI / SAT-SUN | £400 / £425

Hydrobath

ESPA Body Wrap

ESPA Inner Calm Massage

ESPA Inner Beauty Facial

Renew at Turnberry

2 HOURS | MON-FRI / SAT-SUN | £260 / £285

ESPA Salt & Oil Exfoliation

ESPA Balinese Massage

ESPA Express Facial

Revive at Turnberry

80 MINUTES | MON-FRI / SAT-SUN | £190 / £215

Choice of any 80 minute treatment from the below:

ESPA Mindful Massage

ESPA Strength & Resilience

ESPA Modern Alchemy

ESPA Deep Muscle Massage

ESPA Swedish Massage

Repose at Turnberry

50 MINUTES | MON-FRI / SAT-SUN | £140 / £165

ESPA Back, Neck & Shoulder Massage

ESPA Express Facial

Drift at Turnberry

50 MINUTES | MON-FRI / SAT-SUN | £140 / £165

Choice of two 25 minute treatments from the following:

ishga Salt & Oil Scrub

ishga Express Facial

ishga Express Massage

Unwind at Turnberry

25 MINUTES | MON-FRI / SAT-SUN | £95 / £110

Facilities & Hydrobath



ishga

ishga products have been developed in the Outer Hebrides using the highest quality and purest Scottish seaweed combined with water from a natural spring situated on the beautiful Hebridean Isle of Lewis. Seaweed has been used for centuries for its natural healing and therapeutic properties. It contains a high content of vitamins, minerals and powerful natural antioxidants that are considered essential for maintaining glowing skin. Recent scientific research shows the seaweed extract used in ishga preserves the skins natural collagen. The mineral rich seaweed extract is carefully blended with cucumber extract, macadamia, jojoba, aloe vera and lemon peel so that your ishga treatment will detoxify, nourish, firm and hydrate the skin. It is suitable for all skin types.

ishga Invigorating Massage

50 MINUTES | £125

A medium pressure massage using a powerful detoxifying seaweed body oil with lemongrass, juniper, lavender and rose geranium. The treatment is designed to be invigorating, combining relaxing elements of aromatherapy massage, lymphatic drainage, and traditional Swedish massage techniques to reduce muscle tension to re-energise the body. The seaweed based Invigorating Body Oil regenerates, firms and tones the skin and is particularly useful for eliminating toxins.

ishga Hot Stone Massage

70 MINUTES | £150

A full body massage incorporating heated Basalt stones which instantly relax the muscles, allowing the treatment to work at a deeper level. Hot stones work to relax the mind, ease muscle tension, reduce aches and pains and are placed along the chakras to open up energy pathways. A seaweed based oil with lemongrass, lavender and juniper will detoxify and regenerate the skin.

ishga Continued

ishga Hot Poultice Massage

50 MINUTES | £130

A rebalancing, light massage using heated sea salt & seaweed granule filled poultices, which are applied to the body to relax the muscles, release tension and nourish the skin. Combined with manual massage movements, the relaxing warm poultices are rhythmically stroked, and kneaded over the body. When the compress is heated it provides a detoxing effect to draw toxins from the body and add a host of vitamins and minerals deep within.

ishga Seaweed Body Wrap

50 MINUTES | £120

A powerful Hebridean sea salt and oil scrub with body wrap. This combines the detoxifying and nourishing effect of the purest algae gel wrap with the stimulating and hydrating properties of the scrub. The treatment is designed to eliminate toxins, reduce cellulite, boost energy and improve skin tone.

ishga Anti-Ageing Facial

50 MINUTES | £120

A rejuvenating facial designed to revitalise and repair. It is particularly useful for toning, firming and nourishing but also repairing and protecting the skin from environmental damage. This treatment will cleanse, tone and moisturise the skin leaving it revitalised and hydrated. The high content of seaweed extract in the products used is scientifically proven to preserve the skins natural collagen with powerful anti-ageing properties. Suitable for all skin types.

ishga Mum to be Massage

50 MINUTES | £125

Our Mum To Be massage has been specifically designed to pamper and relax pregnant clients and is suitable after the first trimester of pregnancy. This treatment focuses on the changes in your body during pregnancy, helping to ease aches and pains, and can improve your sense of wellbeing, comfort levels and aid relaxation. This treatment will be tailored to your needs after carrying out a thorough consultation.

ishga Deep Tissue and Advanced Techniques Massage

50 MINUTES | £135

Deep Tissue Massage is not only a firm massage with more pressure, but a range of advanced techniques to work on the deeper layers of muscle and connective tissue to release chronic patterns of tension (built up over a long time). An effective bespoke treatment to treat chronic pain and muscle and sports-related injuries, which will be tailored to your needs. Your therapist will work in a more remedial form to target specific areas, as opposed to other massages which offer a full body treatment. Your therapist will speak to you during your massage to check on the pressure, and it is important to tell your massage therapist if you experience any pain or soreness outside of your comfort range.

ESPA Facials

Reveal skin that glows each day with natural health and beauty. By assessing your skin, lifestyle and wellbeing needs, our ESPA Experts create a truly personalised, results-focused facial using the latest innovative techniques with our powerful Tri-Active™ blends. Results are both instant and long-lasting — skin looks clear, radiant and inner calm is blissfully restored.

ESPA Inner Beauty Facial

50 MINUTES | £120

Deeply cleanse, hydrate and renew with this instant results facial. Tailored to your skin's precise needs, Tri-Active™ formulas work immediately to transform your complexion while pure aromatherapeutic oils encompass your mind. Skin looks clear, quenched, naturally beautiful, and inner calm is blissfully restored.

Includes: Skin analysis with SkinVision™ lamp | triple cleanse | exfoliation | steam and extraction (if required) | facial massage | personalised mask | scalp massage

ESPA Active Nutrients Glow From Within Facial

50 MINUTES | £120

This invigorating nutrient-rich treatment embraces ESPA's holistic approach to restoring radiance, feeding your skin and your mood so your face glows with vitality. Dull, lethargic complexions are brightened and refreshed with the power of a sweeping Gua Sha massage which stimulates the lymphatic and circulatory systems, helping boost the flow of blood and nutrients to the skin. Concentrating on your scalp, face, neck, and décolleté and combining steaming, exfoliation, and multi-masking to maximise results, the body, mind, and skin feel renewed while your face has a lit-from-within luminosity.

Includes: Skin analysis with SkinVision™ lamp – cleanse & exfoliation (including Foreo) steam (if required) – Gua Sha facial massage – double mask – hand & arm Gua Sha massage

ESPA Intense Regenerating Facial

50 MINUTES | £120

Visibly diminish wrinkles and fine lines with this powerfully age-defying facial. Instantly effective, naturally renewing formulas combine with restorative massage to noticeably tone, plump and intensely hydrate mature skin. Youthful radiance is awakened and your skin is left feeling beautifully refined, soft and supple.

Includes: Skin analysis with SkinVision™ lamp | triple cleanse | exfoliation | steam & extraction (if required) | age-defying facial massage | mask | scalp massage

ESPA Instant Radiance Facial

80 MINUTES | £165

Brighten and revitalise with this intense, instantly effective facial. Innovative formulas unlock nature's power to transform a fatigued or lacklustre complexion. Fresh, toned, radiantly healthy looking skin emerges and your natural glow is restored.

Includes: Skin analysis with SkinVision™ lamp | triple cleanse (including deep brush cleanse) | exfoliation | steam and extraction (if required) | Skin Radiance Mask | age-defying Rose Quartz crystal massage | professional Lifting & Smoothing Mask | scalp massage

ESPA Natural Face Lift

80 MINUTES | £165

Reveal visibly resilient, healthy-looking, youthful skin. This specialised facial is the complete approach to skin health using cutting edge pre and probiotic technology combined with the same benefits of physical exercise to detoxify, invigorate, sculpt and relax. Powerful age defying techniques inspired by Japanese Kobido massage, along with stimulating Jade rollers give instant results, leaving the skin firm, lifted and beautifully radiant.

Includes: Skin analysis with SkinVision™ lamp | double cleanse | steam | Japanese Kobido inspired facial massage | stimulating Jade rollers | sculpting & lifting massage techniques | Lifting & Smoothing Mask | scalp massage



ESPA Massage Therapy

Rediscover inner calm and physical wellbeing. Here, genuine care is taken to address your individual needs, with natural formulas and holistic techniques specially applied to provide a profoundly effective experience for both mind and body. Muscular tensions are released, your soul feels soothed and you emerge energised with renewed focus and lasting positivity.

ESPA Inner Calm Massage

50 MINUTES | £125

Quieten your mind, release tension and nourish your skin with this holistic, ultimately restorative experience. Personalised to your physical and emotional needs, carefully chosen aromatherapy blends relax, cleanse or energise, while advanced massage alleviates muscular pressure, soothes anxiety and invokes profound relaxation. Mind and body feel balanced, energy renewed and inner calm beautifully restored.

Includes: Breathwork | full body aromatherapy massage | scalp massage with Rose Quartz Crystals

ESPA Balinese Massage

70 MINUTES | £150

This massage uses long, warming strokes to encourage complete calm and wellbeing. Gently heated aromatherapy oils are poured onto the centre of the body and massaged into the skin using stretching and sweeping movements for deep relaxation. Hot volcanic stones are used to tailor the massage pressure to your needs and release tension. This soothing and indulgent massage leaves your mind, body and spirit soothed and relaxed.

Includes: Balinese massage to back, legs, arms, abdomen, neck / shoulder massage

ESPA Massage Therapy Continued

ESPA Strength & Resilience Massage

80 MINUTES | £170

Transform mind & body, release muscular tension and rediscover a sense of wellbeing with this resilience boosting massage. Inspired by the arduous migration of the painted lady butterfly, this revitalising massage uses aromatherapeutic oils, yogic stretches and deep muscle massage to boost your energy levels and support your immune system. You emerge stronger and more resilient, ready to face life's unexpected journeys.

Includes: Yogic stretching | reflex zone foot massage | back massage | sinus release | scalp massage

ESPA Mindful Massage

80 MINUTES | £170

Soothe away stress and return body and mind to the present moment with this holistic and blissfully re-balancing experience. Unique in every way, guided breathing and visualisation combine with deeply therapeutic massage to release physical and emotional anxieties, relax the mind and restore a positive spirit.

Includes: Breathwork and visualisation | massage to metamorphic zones of the feet | full body massage | scalp massage with warm Rose Quartz Crystals

ESPA Swedish Massage

50 / 80 MINUTES | £125 / £165

Revive your body and enliven your spirits with this invigorating massage. Working swiftly and deeply where you need it most, traditional Swedish massage with pure, nourishing oils boosts circulation, alleviates tight, aching muscles and awakens the body from top to toe.

Includes: Full body Swedish massage | scalp massage (80 mins only)

ESPA Deep Muscle Massage

80 MINUTES | £170

Restore comfort, suppleness and movement with this intensely effective massage. Active stretching and specialised massage with expertly blended aromatherapy oils alleviate deep-seated tension in the neck, shoulders and back with instant and lasting effect. Muscular pain is diminished, leaving you feeling stronger and more energised.

Includes: Targeted massage, with or without hot stones, focussing on areas of concern | scalp massage

ESPA Body Treatments

Guided entirely by your personal needs, expect instant and long-lasting results from these profoundly renewing rituals. Unique in every sense, they make use of nature's most powerful and effective actives and oils, coupled with innovative techniques from our expert therapists. Your body feels rebalanced and skin's natural beauty is restored.

ESPA Back, Face & Scalp Treatment

80 MINUTES | £165

Unravel tension, instantly boost your complexion and restore inner calm with our most renowned treatment. Targeted massage techniques combine with the purest aromatherapy oils and a highly personalised facial helping you to look and feel your very best — restored, de-stressed and beautifully radiant.

Includes: Back exfoliation | back massage with or without hot stones | Inner beauty facial | scalp massage

ESPA Pre-Natal Relax & Restore

50 MINUTES | £125

Nurture your changing body and calm your mind with this beautifully comforting treatment. Personalised to your needs and stage of pregnancy, the purest, most gentle formulas smooth and nourish skin while expert massage soothes tight, tender muscles and invokes a state of blissful relaxation.

Includes: Back exfoliation (if required) | focussed body massage | scalp massage

ESPA Body Wrap

50 MINUTES | £120

Purify your body or deeply replenish your skin with this personalised body wrap. Reveal instant results from naturally detoxifying Algae or nourishing Marine Mud. Skin looks refined, toned and beautifully radiant, while a soothing scalp massage restores inner calm.

Includes: Skin brush | body exfoliation | algae or mud wrap | scalp massage

ESPA Marine Hydrotherapy Bath

25 MINUTES | £35

Recline and relax in a luxurious, private hydrotherapy multi-jet bath. Feel gently invigorated, yet surprisingly relaxed with the soothing jets and essential oils that warm and soothe muscular tension. Ideal as a stand-alone treatment or to warm muscles prior to Massage. At the end of your treatment, you will be given a mini ESPA bath oil to take away to experience at home.

ESPA for Men

Our ESPA face and body treatments for men are specifically tailored to your skin type, each one designed specifically to ensure you experience the best physical and therapeutic benefits depending on your needs.

ESPA Deep Cleansing Facial

50 MINUTES | £120

Deeply cleanse, hydrate and renew with this instant results facial. Tailored to your exact needs, TriActive™ formulas work immediately to purify and reawaken your skin while aromatherapeutic oils relax your mind. Skin looks clear, smooth, energised, while inner calm is restored.

Includes: Skin analysis with SkinVision™ lamp | triple cleanse | exfoliation | steam and extraction (if required) | facial massage | personalised mask | scalp massage

ESPA Muscle Reviver

50 MINUTES | £130

Relax and revive body and mind with this multi-targeted massage. Instantly alleviate tension with this powerful yet soothing treatment focusing on the back, face and scalp. Using personally selected essential oils, persistent tension in the back is eased, skin looks re-energised and a positive mindset is restored.

Includes: Back Exfoliation | back massage | facial massage | scalp massage

ESPA Strength & Resilience Massage

80 MINUTES | £170

Transform mind & body, release muscular tension and rediscover a sense of wellbeing with this resilience boosting massage. Inspired by the arduous migration of the painted lady butterfly, this revitalising massage uses aromatherapeutic oils, yogic stretches and deep muscle massage to boost your energy levels and support your immune system. You emerge stronger and more resilient, ready to face life's unexpected journeys.

Includes: Yogic stretching | reflex zone foot massage | back massage | sinus release | scalp massage

ESPA Deep Muscle Massage

80 MINUTES | £170

Restore comfort, suppleness and movement with this intensely effective massage. Active stretching and specialised massage with expertly blended aromatherapy oils alleviate deep-seated tension in the neck, shoulders and back with instant and lasting effect. Muscular pain is diminished, leaving you feeling stronger and more energised.

Includes: Targeted massage, with or without hot stones, focussing on areas of concern | scalp massage

Please note that these can only be booked and taken with treatments of 50 minutes or more, prices available upon request.

ESPA Eye Lift

25 MINUTES

Smooth, firm and hydrate with this instantly revitalising eye treatment. Targeted massage with proven Tri-Active™ formulas relaxes the mind while smoothing fine lines, quenching delicate skin and diminishing puffiness and dark shadows.

ESPA Salt & Oil Scrub

25 MINUTES

Revive skin's natural softness and glow with this intensely exfoliating treatment. An ideal way to prepare skin for other treatments, a natural blend of sea salt and the purest oils polishes away dull, dry cells and infuses skin with rich nourishment. Skin feels smooth, supple and looks radiantly healthy.

ishga Salt & Oil Scrub

25 MINUTES

A Hebridean sea salt and oil scrub gently exfoliates, sweeping away dull, dry skin. An invigorating express treatment to stimulate circulation, eliminate toxins and leave the skin nourished and glowing.

ESPA Back, Neck and Shoulder Massage

25 MINUTES

Ease tension where you need it most with this fast-acting de-stressing treatment. Personalised to your unique needs, targeted massage with pure aromatherapy blends relaxes tense muscles, reenergises your body and calms your mind.

ishga Express Massage

25 MINUTES

A massage focusing on the back, neck and shoulders to target areas of tension, release everyday stress, and relax the nervous system. The seaweed based body oil used contains lemongrass, lavender and juniper to regenerate and nourish the skin, with anti-inflammatory properties to soothe aching muscles.

ESPA Express Facial

25 MINUTES

Reveal a clear, refreshed, naturally beautiful complexion with this express facial. Personalised to your needs, natural active formulas cleanse, rebalance and hydrate while aromatic essential oils capture your mind, leaving you looking and feeling relaxed and radiant.

ishga Express Facial

25 MINUTES

An express facial cleanses, tones and moisturises for essential skin maintenance. Includes an exfoliating mask and scalp massage to complete the experience.

ESPA Marine Hydrotherapy Bath

30 MINUTES

Recline and relax in a luxurious, private hydrotherapy multi-jet bath. Feel gently invigorated, yet surprisingly relaxed with soothing jets that aid the relief of muscular tension. A potent and uplifting bath tonic is added that deeply cleanses, while also helping to tone, clarify and smooth the skin. Rich in minerals and vitamins, stimulating Laminaria Seaweed deeply cleanses while Mandarin and Orange Oils work to nourish and replenish for softer, smoother skin. The perfect treatment to warm muscles prior to massage.

How to Spa

SCHEDULING AN APPOINTMENT

To schedule an appointment for your perfect treatment, please contact our reservations team who will be able to guide you to the right choice. To ensure your preferred time and service is available we recommend to book in advance. All spa treatments and packages will need to be guaranteed with a credit card. Unless you have stated a preference at the time of booking, your treatment may be carried out by a male or female therapist. Re-scheduling cannot be amended on the day.

ARRIVAL TIME

Please allow sufficient time before your treatment to complete a Spa Consultation Form. We recommend you arrive up to 45 minutes in advance of your treatment so that you can change, relax and enjoy the spa facilities. Please be advised that late arrivals will result in a reduction of treatment time.

SPA FACILITIES

The following spa facilities are available to hotel guests, members and day spa guests only: sauna, steam room, ice fountain, experience showers, whirlpool, 20 meter pool with water massage jets, Male and Female changing areas and relaxation rooms, a state-of-the-art Fitness Centre equipped with Life Fitness cardiovascular and strength machines and free weights area. Personal trainers are on hand to help you prepare for sporting events, specific goals or assistance with the creation of a life-changing fitness routine.

CHILDREN'S POLICY

We are delighted to offer treatments for children under 16 years old however they must be accompanied by an adult for the whole duration. Please contact the reservations team for details on treatments available for our younger guests.

CANCELLATION POLICY

Cancellations or rescheduling of appointments made with less than 24 hours notice or failure to show up for an appointment will result in the full treatment cost being charged to your room or credit card, cancellations made with less than 48 hours notice will incur a 50% charge.

SPA ETIQUETTE

Our spa environment is one of relaxation and tranquillity. Please respect all spa guests' right to privacy and serenity. In light of this, the spa is a mobile phone and camera free zone.

HEALTH CONDITIONS

Kindly advise us of any health conditions, allergies or injuries which could affect your choice of treatment when making your spa reservation.

PREGNANCY

We have specially designed treatments for expectant women or nursing mothers. Please allow our spa team to guide you in selecting which treatments are most suitable during this special time.

GIFT VOUCHERS

An ideal gift for someone special. Order yours online today at trumpturnberry.com/gift-certificates

HOMECARE

To continue your spa experience at home, most products used in our treatments are available to purchase at SPA reception.

PRICES

All prices are subject to change at any time. Gratuities are not included and are welcomed at your discretion.